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# O N I N N A R D S

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On Innards is a multidisciplinary project developed by artists, Amanda Couch, Andrew Hladky, and Mindy Lee, that explores the changing conceptualisations of guts and digestion, their impact on the creative process and the role they play in constructing and destabilising our sense of self.

Working in collaboration with bookwork artist and designer Richard Nash, the record of this two year project has been dissected, reinterpreted, and reconnected in the form of this limited edition publication.

Lee, Couch and Hladky begin ruminating on their 2013 conference three-way conversation. Their reflections on reflections are interwoven with recalled events, artefacts, images, and stories from On Innards. Curated and intervened, the book becomes an embodiment of digestion, it's intestinal form held contained by a mesenteric binding.

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On Innards | Event was generously supported by a Royal Borough of Kensington and Chelsea Arts Award. Attendance at the Body Horror 2 conference, and the On Innards | Exhibition, Event and Publication was generously supported by a research award from University for the Creative Arts.

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Textblock digitally printed by Riverprint on Colorplan 135 and 270gsm stock by G. F. Smith. Manilla folder printed on an Epson R2000. Cut, folded, bound and finished by hand. Individually stamped and numbered. Produced at the bookRoom Press by Lee, Couch, Hladky and Nash.

Published by bookRoom Press, Farnham.

ISBN: 978-0-9576828-5-6.

Limited edition of 300.

200 pages of various intersecting formats and custom binding. 260 (h) x 20.5 (w) mm.

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